

Message Masters



What are Communication Skills?

They are the ways we listen, talk, and share our thoughts and feelings with others.

Communication Skills
2nd-3rd grade

☐ Circle the clearer message in each pair:

"Give me that thing over there." or "Please hand me the blue pencil on the desk."

"I felt sad when you didn't include me in the game." or "I didn't like what you did."


"This is wrong." or "I think we need to add the numbers before we multiply."

Why is it important to be clear when we speak?

Listening like a Champion

✓ Check the things that show you are actively listening:


- ☐ Looking at the person who's speaking
- ☐ Thinking about what you'll say next
- ☐ Nodding your head to show you understand
- ☐ Interrupting with your ideas
- ☐ Asking questions about what they said
- ☐ Playing with things on your desk

 When we listen carefully, we can repeat what others say. Practice with a partner, then write:

Something my partner said that I remembered:

How did it feel to have someone really listen to you?

Asking Great Quesitons

 Different types of questions help us learn different things. Match each question word with what it helps us discover:

Who

Reason

What

Time

When

Action or thing

Where


Method or process

Why

Place

How

Person

 Write a question that starts with each word:

Who: _____

What: _____

When: _____

Where: _____

Why: _____

How: _____

Asking Great Quesitons

☐ Circle the clues that can help you understand how someone is feeling:

- Happy | Table | Angry | Excited | Pencil | Sad | Running
- Worried | Proud | Book | Confused | Walking | Surprised | Frustrated

Write two sentences using feeling words to express yourself:

I feel: _____ When _____

I feel: _____ When _____


 I-Messages help us talk about problems without blaming others. Complete these I-Messages:

When you _____, I feel _____

Because _____

When you _____, I feel _____

Because _____

 Our bodies can "talk" without words. Draw a line to match each message with the body language:

"I'm interested in what you're saying."

Yawning, looking around the room

"I'm upset about something."


Arms crossed, looking away

"I'm feeling nervous."

Tapping foot, biting lip

"I'm bored."

Arms crossed, looking away

 Complete these sentences about your communication skills:

One thing I'm good at when communicating is:

One thing I want to get better at is:

I will practice this by:
